

Ave Maria Academy

Royal Scribe



The weekly newsletter from AMA.

March 13, 2023

Betsy Ann Chocolates Easter Candy Sale. The Easter candy sale order forms are **due this Wednesday, March 15**. Pick up date will be Thursday, March 29 at both campuses. Please return master sheets to the main office and write campus location (Bethel Park or Mt. Lebanon) on the top of your form.

BJ's Restaurant Spirit Day-Wednesday, March 15th 11:00a.m.-11:00p.m. With each flyer presented, 20% of your food and soft beverage purchase will be donated to AMA. There is also a code to order online and help our school. Please see attached flyer for details.

Shamrock Shuffle 2023. Join us for the Ave Maria Academy Shamrock Shuffle 5k Run/Walk In-Person and Virtual on Sunday, March 19, 2023 at Scott Park, Scott Township. We will have food trucks, face painting, mass and loads of family fun! There will be a sunrise service mass at 7:30 a.m. and the Race begins at 8:45 a.m. All other details and registration online HERE. Questions? Visit the link and fill out the Race Contact Info Form. Flyer HERE.

Living Stations. Fourth graders at both AMA campuses will present the Living Stations of the Cross this month. All are welcome to attend. BP campus: March 24 at 1:45 p.m. and 7:00 p.m. in St. Thomas More Church ML campus: March 30th 1:30 p.m. and 7:00 p.m. in Clairvaux Hall

BLESSING BAGS AMA Student Council Lenten Project

Monday, March 6 through Friday, March 24

We are requesting that each student bring in a specific item, as listed below, to donate to The City Mission.

The Student Council will assemble and deliver the bags.

K: Toothbrush

1: Toothpaste

2: Soup

3: Water (4 bottles max per

student)

4: Crackers

5: Soap (Bars)

6: Socks

7: Shampoo

8: Deodorant



Parent-Teacher Conferences. Optional parent-teacher conferences will be offered on Thursday, March 16th from 4:00-7:00 p.m. at both campuses. You may sign up via OptionC or contact your child's teacher.

Please Note. On Fridays during Lent our Bethel Park campus parking will be restricted. Families attending Soccer games/practices will need to park in the Parish parking lot or the UPMC parking lot. Our circle drives and school parking lot will be reserved for patrons of the Parish Fish Fry (pre orders and pickups). Thank you for your understanding.

St. Patrick's Day. AMA students may dress in green/holiday tops with uniform bottoms on Friday, March 17th.

Recess Rosary. We are so blessed to offer Recess Rosary for our students at AMA. Beginning on Ash Wednesday, students in all grades will have the *option* to forego recess and pray the rosary of our Most Blessed Mother, Mary. This is a special opportunity to enrich each child's Lenten journey and is only possible with parent volunteers. Please see the sign-up genius for each campus to make this special Rosary a part of your Lenten journey.

Clearances are required for any adult to participate.

BP campus link: https://m.signupgenius.com/#!/showSignUp/70a0f49a95-recess/12714560

ML campus link: https://www.signupgenius.com/go/10C094CA4A72DA4F85-recess1

Stations of the Cross. Students at both campuses will participate in Stations of the Cross at 2:00 on Fridays during Lent at St. Bernard and St. Thomas More Churches. Parents are welcome to join us.



AMA Golf Outing Save the Date. Registration is now open for the AMA Golf Outing on Friday, May 19, 2023 at Quicksilver Golf Club. Visit our website <u>HERE</u> to register or to become a sponsor for the event. Even if you cannot come to golf, we invite you to the dinner event afterward. Dinner only options, raffle baskets, silent auction items, and a fun day of golfing! Reserve your group now. See the flyers attached for more information.

Questions or would you like to help with the event?

Email: <u>amagolfouting@gmail.com</u>.

Calendar Reminder. School will not be in session on Friday, March 31 as it is a teacher clerical day. Easter vacation begins on Monday, April 3rd and extends through Monday, April 10th. School will resume on Tuesday, April 11th.

Principals' Message

Things are different now.

Though, what remains the same, is that there are mistakes and then there is real harm.

Mistakes, when the truth is quickly given, can be viewed less harshly and, at times, can even be forgivable.

Real harm is a purposeful thing.

It comes from individuals who want to disrupt or destroy.

What is different now are the electronic devices and how even the threat of real harm is viewed.

Electronic devices are used throughout our society and in our school, where they can be quite helpful.

You must take care in what you do, post and say on them.

Some apps are even looking for immature minds, to steer their user against their own self-interest.

In our Academy, our school, we train you to think before you speak or act.

We are trying to protect you and you should be trying to protect one another.

Think, then act.

St. Michael the Archangel Fish Fry is held on Fridays in Lent at Our Lady of Grace - Conroy Hall at 4:30 - 7:00 PM. Join parishioners and students for a delicious Lenten dinner of fried fish, baked fish, pierogies, haluski and more! Visit www.smapgh.org for more details. See attached flyer.

Resurrection Parish Fry. Both curbside and dine-in options are available each Friday in Lent except for Good Friday. You can preorder by Thursdays at 2:00 to get your meal faster. Visit www.reserrectionpgh.org for more details. See attached flyer.

Student and family volunteers are needed at parish fish fries. Please consider volunteering and wear your AMA spirit wear with pride!

Attachments:

- Shamrock Shuffle
- MOMS' Prayer Group
- BJ's Restaurant Flyer for March 15th
- AMA Golf Outing Registration
- AMA Golf Outing Sponsorship Opportunities
- The Journeying Holy Family Statue for Vocations
- Resurrection Parish Youth Group Lenten Pilgrimage
- Seton LaSalle-Coach Walsh Spring Basketball League
- Our Lady of the Sacred Heart High School News
- Bishop Canevin High School News
- Seton LaSalle Musical Flyer
- Pro3 March Sale
- St. Michael the Archangel Fish Fry @ OLG
- Resurrection Parish Fish Fry
- Thank you to our AMAzing Sponsors!



AVE MARIA ACADEMY 2023

Shamrock Shuffle 5k

VIRTUAL

IN-PERSON

March 18 or 19

You Name the Time & Place

March 19

Scott Park, Scott Twp

8:45 am Timed Race

9:30 am Fun Run/Walk

EARLY REGISTRATION - OPEN UNTIL 2/20/23 use the link below or QR code to register https://runsignup.com/race/pa/anycity/shamrockshuffle5krunwalkvr

RACE Registration: ADULT \$30 CHILD \$20 FAMILY \$85



Registration includes Race Packet with T-Shirt!
PRICES INCREASE AFTER 2/20/23

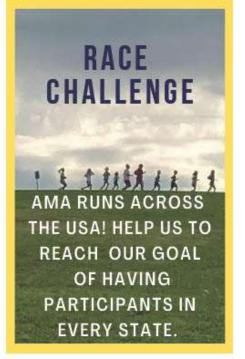
join us at the race food trucks * face painting * family fun Sunrise Service Mass at 7:30am



FACEBOOK GROUP FOR REGISTRANTS

SHARING RACE FUN

www.facebook.com/groups/amashamrockshuffle/



QUESTIONS?? OR INTERESTED IN BEING A RACE SPONSOR? EMAIL: SHAMROCKSHUFFLE.AVEMARIA@GMAIL.COM





PLEASE JOIN US FOR AN EVENING OF PRAYER, MEDITATION AND STRETCHING WITH SOULCORE

MARCH 14, 2023

7:30 PM

ST THOMAS MORE- FAMILY LIFE CENTER- UTOPIA ROOM

*BRING AN EXERCISE MAT
5\$ DONATION AND/OR ITEMS TO DONATE TO THE FOOD
PANTRY

FOR MORE INFO:
MAURADALO@ GMAIL. COM



JOIN US FOR A DELICIOUS WAY TO

RAISE MONEY!

Date: Mar 15, 2023 Time: 11:00AM to 11:00PM

For Dine In, Takeout or Curbside at this BJ's Location:

1819 Washington Rd. Upper St. Clair, PA 15241 412-347-4790

Enjoy delicious food in a fun atmosphere along with your family and friends while earning funds in support of:

Ave Maria Academy Spirit Night!

WITH EACH FLYER PRESENTED DURING THIS FUNDRAISING EVENT, BJ's WILL DONATE 20% OF FOOD AND SOFT BEVERAGE SALES TO THE DESIGNATED ORGANIZATION!

VISIT US IN PERSON, ORDER ONLINE OR PLACE A TAKE-OUT ORDER

When dining in: Present this flyer to your server at any time during your meal.

When ordering online: Enter the 6-digit fundraiser code below at the time of checkout.

When placing a take-out order: Present this flyer to a BJ's team member upon your arrival.



Valid for dine in, takeout or curbside when applicable. Not valid toward alcoholic beverages, Happy Hour specials or for delivery orders.

Please do not distribute flyers on site during the event.



AVE MARIA ACADEMY'S ANNUAL

GOLF OUTING FUNDRAISER

FRIDAY, MAY 19 2023

QUICKSILVER GOLF CLUB
12:00 SHOT GUN START TIME

\$125

PER FOURSOME \$500

10:30 REGISTRATION BEGINS

INCLUDES HOT DOG AT THE TURN & DINNER BUFFET, 18-HOLE FOUR PERSON SCRAMBLE AND PRIZES!

REGISTRATION DUE BY APRIL 21
PLEASE COMPLETE THE INFORMATION BELOW
AND RETURN PAYMENT TO: AVE MARIA ACADEMY
134 FORT COUCH ROAD • PITTSBURGH, PA • 15241



	Golfer 1	Golfer 2	Golfer 3	Golfer 4
Full Name				
Phone Number				
Email Address				
Dinner Only Option (\$40.00 each):- # of Meals:				

AMAGOLFOUTING@GMAIL.COM

2LANZAK2HIL C	ILLOKIONIIF2			
NAME				
EMAIL ADDRESS -				
I AM INTERESTED IN	HOLE SIGN SPONSOR	BASKET	DONATION	PRIZE DONATION
	GENERAL MONETARY	DONATION OF S		

GOLF OUTING FUNDRAISER FRIDAY, MAY 19, 2023

SPONSORSHIP PACKAGES

\$200 HOLE SPONSOR

 SIGN WITH YOUR BUSINESS NAME OR SPONSORSHIP FAMILY NAME AT HOLE

\$500 GOLF CART SPONSOR

- BUSINESS NAME ON ALL GOLF CARTS
- PRODUCT/FLYER IN EACH GOLF SWAG BAG
- ACKNOWLEDGMENT OF SPONSORSHIP ON GOLF OUTING CORRESPONDENCES

\$750 SILVER SPONSOR

- PRODUCT/FLYER IN EACH GOLF SWAG BAG
- BUSINESS NAME DISPLAYED AND ANNOUNCED AT DINNER
- ACKNOWLEDGMENT OF SPONSORSHIP ON GOLF OUTING CORRESPONDENCES
- SPONSORSHIP MENTION ON AMA GOLF OUTING FACEBOOK PAGE

\$1500 PLATINUM Sponsor

- FOURSOME FOR GOLF INCLUDED
- PRODUCT/FLYER IN EACH GOLF SWAG BAG
- SIGN WITH YOUR BUSINESS NAME OR SPONSORSHIP FAMILY NAME AT HOLE
- SPONSORSHIP MENTION ON AMA GOLF OUTING FACEBOOK PAGE
- ACKNOWLEDGMENT OF SPONSORSHIP ON GOLF OUTING CORRESPONDENCES
- BUSINESS NAME DISPLAYED AND ANNOUNCED AT DINNER

SPONSOR CONTACT INFORMATION

NAME —	PHONE	
BUSINESS NAME -	EMAIL	
BUSINESS ADDRESS -		
SIGN WORDING -	OR EMAIL	. TO AMAGOLFOUTING@GMAIL.COM
SELECT YOUR SPONSORSHIP OPTION:		
_ PLATINUM SPONSOR(\$1500)	_ GOLF CART SPONSOR(\$500)	
_ SILVER SPONSOR(\$750)	_ HOLE SPONSOR(\$200)	_ RAFFLE BASKET DONATION

MAKE CHECKS PAYABLE TO AVE MARIA ACADEMY, MAIL TO:
AVE MARIA ACADEMY, ATTN: GOLF OUTING, 134 FORT COUCH ROAD, PITTSBURGH, PA 15241

The Journeying Holy Family Statue for Vocations



The St. Michael the Archangel Parish Vocation Council invites you to welcome the Holy Family Statue into your home for one week to pray in a special way for vocations.

As per the dates in the SignUp Genius, the statue should be dropped off at the Ave Maria Academy~ Mt. Lebanon ~ Main Office by 9:00 am. The statue will be available after 9:00 am for the next family. If transportation of the statue is an issue, a member from the Council will be happy to deliver and retrieve. This wonderful family prayer opportunity will begin on March 13, 2023.

Please use the SignUp Genius below:

<u>Sign Up Here!</u>

RESURRECTION YOUTH MINISTRY LENTEN PILGRIMAGE

FOR HIGH SCHOOLERS & 8TH GRADERS

SUNDAY, MARCH 19 1:00 - 5:00PM

Fr. Mike will be our guide as we head downtown for a prayerful and unique Lenten experience at two of our beautiful Shrines of Pittsburgh.

1:00PM Leave from St. Thomas More Gym Parking Lot

Stop 1: Saint Patrick Church in the Strip District, the first Catholic Church in the diocese. There we will ascend the Holy Stairs, a replica of the originals at St. John Lateran Basilica in Rome and one of only three sets in the United States. These stairs are only climbed by kneeling - a symbolic and solemn practice.





5:00PM Pick-up at St. Thomas More Gym Parking Lot

Stop 2; Saint Anthony Chapel, Troy Hill. The Chapel contains the greatest collection of Catholic relics outside of the Vatican. We will have a tour and participate in the 3:00PM Stations of the Cross led by Fr. Nick Vaskov. This time promises to be both contemplative and engaging. Pizza following in the Church Hall.

PLEASE REGISTER BY MARCH 15 ON THE RESURRECTION YOUTH MINISTRY WEBPAGE:

www.resurrectionpgh.org/youth-ministry. If you have any questions, please contact Mary Swindal, Lead, Youth Ministry Team, mswindal@resurrectiopgh.org or 412-833-0031 x239.



DIRECTOR: COACH MARK WALSH HEAD BOYS BASKETBALL COACH SETON LASALLE HIGH SCHOOL

WHAT: Basketball League at Seton LaSalle High School WHO: Boys in Grades 3rd to 8th grade this school year

WHEN: Sundays April 16th, 23rd, 30th and May 21st (No games May 7th and 14th) WHERE: Seton LaSalle HS Gym 1000 McNeilly Road Pittsburgh PA. 15226

COST: \$50.00 per player

DEADLINE TO ENROLL: Postmarked by March 29th

Tubortant Tuto:	
Score will not be kept. R	Referee
will keep times for subs	. Equal
playing time.	
League Game Time	<u>s</u> :
Sundays 5pm,6pm and	7pm
Times can vary for each	group

Coach Mark Walsh will run a basketball league for boys in Grades 3RD TO 8th. 3 Divisions

3 Divisions Grades 3-4 Grades 5-6 Grades 7-8 Players will sign up. Players will be placed on teams with rosters/schedule emailed out.

Players will play a 4 game schedule. One game per Sunday dates listed above. No practices.

QUESTIONS COACH WALSH (412) 979-2913 or coachmrwalsh@gmail.com

Cost = \$50.00 per player	Make Checks Payable To: Mark Walsh
Mail Check / App. To: Coach Mark Wals	h 4605 West Brightview Avenue Pgh., PA 15227

NAME			_ADDRESS_	-			
CITY		ZIP_	F	HONE ()_		
SRADE	SCHOOL			EMAIL A	DDRESS		
DIVISION: PLE	ASE CHE	CK ONE	3 RD	-4 TH	5 TH - 6	ти	7 TH - 8 TH
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HEALTH AND ABLE TO I	PARTAKE IN THI EMERGENCY I SALLE HIGH SCI	E PROGRAMS REQUIRING M HOOL AND C	ACTIVITIES. I / WE SEDICAL ATTENTION OACH MARK WALS	AUTHORIZE T I FOR WHICH H AND THE BA	HE DIRECTOR SERVICES I / V SKETBALL LE	S TO ACT FO VE WILL GLAS AGUES DIREC	D CERTIFY THAT HE IS IN GOO R ME / US ACCORDING TO THE DLY PAY. 1 / WE HEREBY WAI TORS, ASSISTANT DIRECTORS,
INSTRUCTORS, ASSISTAN							DATE



OLSE SPRING OPEN HOUSE

Thursday, March 23 5:00-7:00 pm



You are invited to learn more about Our Lady of the Sacred Heart High School's transformative educational experience and incredible 90-year history as an independent ministry of the Felician Sisters!

Meet our faculty, staff, students, and coaches by touring campus and exploring our Athletics and Activities Fair. Registration is recommended, but not required. Walk-ins are welcome! Register online at www.olsh.org/apps/pages/openhouse.



Scholarship & Financial Aid Application Deadline: Wednesday, March 15



Families of eighth grade students interested in attending OLSH this fall should complete all OLSH scholarship and financial aid applications no later than Wednesday, March 15! Visit our Tuition & Affordability page at www.olsh.org/apps/pages/tuitionandaffordability for more information. In order to be considered for scholarships, students must be applied, accepted and deposited to OLSH by March 31, 2023.

Join us for the OLSH Theatre production of...

Big Fish!

Friday, March 10 at 7:30 pm Saturday, March 11 at 2:00 pm* & 7:30 pm

Tickets: \$15 adults, \$10 students

"Students in grades 8 and younger receive free admission to the matinee with purchase of an adult ticket! Call (412) 262-3300 to reserve your seats.



The award-winning OLSH Theatre Department invites our friends in grades 8th and younger to our matinee performances for FREE with purchase of an adult ticket! Contact Jessica Sellman at (412) 262-3300 or jsellman@olsh.org to reserve your free ticket(s). Payment (cash or check) is due at the door.

For our evening performances, purchase tickets now at: www.olsh.org/apps/pages/tickets

Seating is very limited – reserve your tickets today!



BISHOP CANEVIN HIGH SCHOOL

Community e-Newsletter

Bishop Canevin Community News for Leslie -

February Community e-Newsletter



Upcoming Events & Important Dates

March 15: Financial Aid and Scholarship Application Deadline

March 25: Princess Tea Party Fundraiser

All Month: Shadow Days at BC

April 22: 8th Grade High School Placement Test

April 27-29: Bishop Canevin Musical: Freaky Friday

Two More Weeks to Apply for Financial Aid



Apply for Bishop Canevin Financial Aid Apply for BC Scholarships

See Financial Aid Process and Q&A

High School Placement Test



Bishop Canevin's High School Placement Test is a requirement for all incoming freshman applicants. While the test results are not used to determine acceptance, they are used to determine eligibility for certain scholarships and to ensure a rigorous yet appropriate academic course schedule.

Date: April 22, 2023

Time: 8:45AM Arrival; Testing from 9:00AM - 12:00 PM

Location: Bishop Canevin High School; Enter using the doors to the right of the School Chapel

(signs will be posted).

Materials: Students should bring at least two #2 pencils. Calculators are not permitted for the exam, however scratch paper will be provided for problem solving. Water and snacks will be provided during appropriate breaks.

REGISTER TODAY!

Apply for Enrollment



APPLY TODAY

to join the Crusader Class of 2027!

The type of success the Bishop Canevin community strives for is not measured solely by scoreboards and ribbon cutting ceremonies but rather rooted in the virtues, morals, and principles set forth by our mission, core values, and identity as a Catholic, Jesuit Inspired institution. If this sounds like the type of community that you want for your child, consider taking steps to begin your student's journey as a Crusader! The process is simple - Apply online to begin the process of reserving your spot in the Class of 2027!

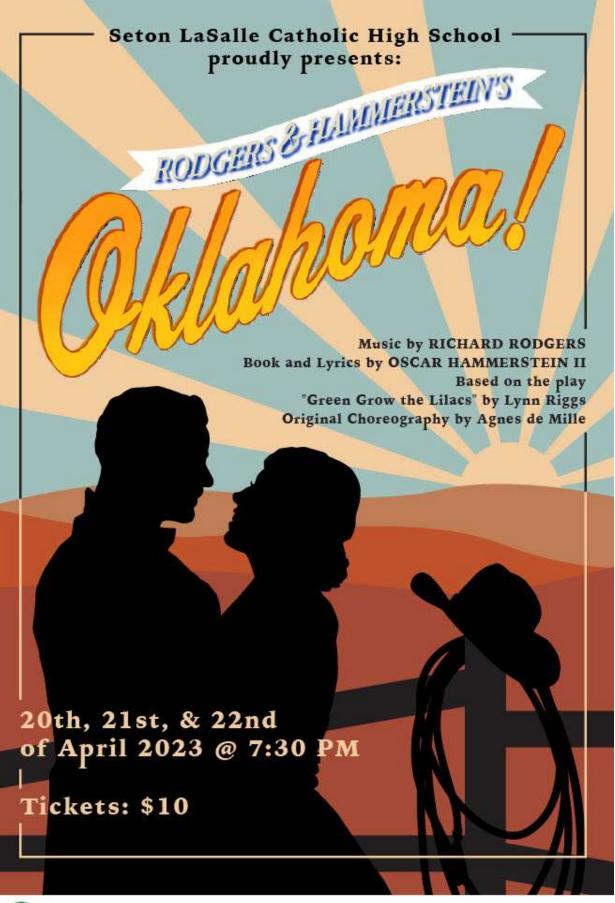
APPLY TODAY

Shadow Days



There's no better way to experience the day and life of a Crusader. Shadow students participate in classes, interact with BC students and teachers, and sample a Crusader lunch! Shadow Days are tailored to meet the academic interests and talents of the prospective student. Parents are encouraged to join at the end of the day for a school tour. Open to students in grades 8-11; registration is required.

REGISTER TODAY!









March 8-19

10% OFF

STOREWIDE

Chance to Win \$100 Gift Card -when you spend over \$150-





2101 GREENTREE RD PITTSBURGH PA 15220



Saint Michael the Archangel Parish





Join us for dinner every Friday during Lent (except Good Friday) beginning February 24th, March 3rd, 10th, 17th, 24th and 31st

Our Lady of Grace Conroy Hall

1734 Bower Hill Road Pittsburgh, PA

4:30 - 7:00 PM EAT IN & TAKE OUT

DINNERS

Hand-Breaded Fried Fish Dinner	\$14.00
Fries or Baked Potato & Coleslaw	
Baked Fish Dinner	\$14.00
 Fries or Baked Potato & Coleslaw 	
Shrimp Dinner (6 Shrimp)	\$14.00
 Fries or Baked Potato & Coleslaw 	
Fish Taco Dinner (2 Tacos)	\$14.00
Cabbage Slaw, Pico & Sauce, Corn Chips &	
Bean Salsa (*Gluten Free!)	

KID'S MENU

Fried Fish Dinner (1 piece/1 side)	\$9.00
Shrimp Dinner (4 Shrimp/1side)	\$9.00
Pizza Slice	\$3.00

SANDWICHES

Hand-Breaded Fried Fish Sandwich \$9.00

SIDES

French Fries	\$4.00
Mac and Cheese	\$4.00
Haluski	\$4.00
Homemade Pierogies (3)	\$4.00
Baked Potato	\$3.00
Coleslaw	\$2.00
Dessert	\$2.00
Pop / Water	\$1.00
1 Op / Water	

Take Out orders can be brought out to your car.

Please let us know (when ordering) if you have any
mobility issues. Cash & Credit Card accepted!

TAKE OUT ORDERING:

PHONE: (412) 200-2694 (PHONE LINES OPEN AT 3:30 PM ON FRIDAYS)

ONLINE: WWW.SMAPGH.ORG

(ONLINE ORDER OPEN 9:00 AM - 5:00 PM ON THURSDAYS)

Resurrection Parish FISHERY 2023 MENU

DINNERS

Fried, Hand-breaded Cod Fillet, French Fries & Coleslaw Fried Fish Sandwich served on a Cibrone's Hoagie Roll, French Fries & Coleslaw

Fried Shrimp, French Fries & Coleslaw

Baked Cod Loin with featured sauce (breadcrumb topping), Baked Potato & Coleslaw

Jr. Fried, Hand-breaded Cod Fillet, French Fries & Coleslaw

Jr. Fried Fish Sandwich served on a Cibrone's Hoagie Roll, French Fries & Coleslaw

Jr. Fried Shrimp, French Fries & Coleslaw

A LA CARTE & SHAREABLE SIDES

Lucia's Homemade Mac & Cheese Pierogi prepared with butter & onions Cheese Pizza - whole or by the slice

French Fries

Pre-Order for Dine In or Curbside Takeout! ORDER ONLINE at www.resurrectionpgh.org

IN PERSON DINING ST. THOMAS MORE FAMILY LIFE CENTER CURBSIDE TAKEOUT
AVE MARIA ACADEMY
SCHOOL DROP OFF CIRCLE

Resurrection Parish

FISHFRY 2023

IN PERSON DINING & CURBSIDE TAKE OUT

MARK YOUR CALENDARS! 4:30pm-7:00pm FRIDAY, FEBRUARY 24th FRIDAY, MARCH 3rd FRIDAY, MARCH 10th FRIDAY, MARCH 17th FRIDAY, MARCH 24th FRIDAY, MARCH 31st

PLACE YOUR PRE-ORDER ONLINE FOR DINE IN & CURBSIDE TAKEOUT www.resurrectionpgh.org

IN PERSON DINING
in THE ST. THOMAS MORE FAMILY LIFE CENTER
CURBSIDE TAKEOUT
in AVE MARIA ACADEMY SCHOOL DROP OFF CIRCLE

FISHERY 2023 VOLUNTEERS NEEDED IN ALL AREAS!

Set Up, Kitchen, Serving, Desserts, Dining Room, Curbside Take Out, Clean Up

Please select a shift that works best for your schedule!

THURSDAY Food Prep Volunteers
https://www.signupgenius.com/go/10C0948AAAA2CA2FFC07-fish1

Dining Room and Kitchen Volunteers (FRIDAY)
https://www.signupgenius.com/go/10C0948AAAA2CA2FFC07-fish

Curbside Take Out Volunteers (FRIDAY)
https://www.signupgenius.com/go/10C0948AAAA2CA2FFC07-fish2

Opportunities for service hours available for students! Volunteers 18yrs & older are required to have Diocesan Clearances by 2/10/23 for the first Fish Fry on 2/24/23

For questions regarding Diocesan Clearances, please contact slevitt@resurrectionpgh.org, swildenhain@resurrectionpgh.org or 412-833-0031

Thank you to our AMA Sponsors!

GOLD SPONSORS



CONSTRUCTION

SILVER SPONSORS





BLUE SPONSOR



SPONSORS



Men of Faith, Men of Scholarship, Men of Service





Pro Knitwear is a full-service apparel decoration company.

We offer screen printing, embroidery, heat press, vinyl, cut/sew, sublimation, and more.



UPMC HEALTH PLAN